

## Immune Support

Micronutrient Support for  
a Healthy Immune System\*

### Immune Support Supplementation

Immune Support combines Eastern and Western ingredients to support the body's natural defense systems by enhancing immunity.\* Vitamins, trace elements, and bioactive compounds provide the micronutrients and beta-glucans essential to support healthy immune function.\*<sup>1,2</sup>

Clinical evidence shows that supplementing with vitamins C and D, as well as the trace elements zinc and selenium, may support immune function.\*<sup>1</sup> Centuries of using mushrooms for their beneficial properties and modern clinical evidence reveal their potent ability to support a healthy immune system.\*<sup>5</sup>

The research cited herein shows that supplementation with Immune Support may help:

- Support overall immunity\*
- Support the body from oxidative stress and free radical insult\*
- Provide micronutrients and bioactive compounds essential for healthy immune function\*

### How Immune Support Works

Immune Support combines vitamins C and D with trace elements zinc and selenium to create a product with potent immune support.\*<sup>3,4</sup> To further support healthy immune function, Immune Support features a proprietary blend of mushroom extracts traditionally used in Eastern medicine.\*<sup>5</sup>

The micronutrients in Immune Support help support the body from free radicals and enhance cellular immunity.\*<sup>1</sup> Vitamin C and zinc work together to provide support from free radical insult. The combination of vitamin D, zinc, and selenium supports cellular immunity.\*<sup>1</sup>

While mushrooms have been used in Eastern medicine for centuries to support immunity, recent clinical studies reveal their bioactive potential and health-promoting properties.\*<sup>6</sup> Specifically, the beta-glucans bound to amino acids are bioactive molecules that support immune function.\*<sup>7,8</sup> Research further shows that mushrooms provide exceptional nutritional efficacy in supporting a healthy immune system.\*<sup>9</sup>



GLUTEN-FREE



DAIRY-FREE



NON-GMO



cGMP FACILITY

# Supplement Facts

Serving Size: 1 Tablet  
Servings Per Container: 90

	Amount Per Serving	%DV*
Vitamin C (as ascorbic acid, sodium ascorbate, calcium ascorbate, magnesium ascorbate, and potassium ascorbate)	333 mg	370%
Vitamin D3 (cholecalciferol)	8.33 mcg (333 IU)	42%
Zinc (as zinc citrate)	5 mg	45%
Selenium (as l-selenomethionine)	67 mcg	122%
Mixed Mushroom Blend: Reishi (fruiting body; <i>Ganoderma lucidum</i> ), Shiitake Mushroom (fruiting body; <i>Lentinus edodes</i> ), Fu-Ling Mushroom (sclerotium; <i>Poria cocos</i> ), Turkey Tail Mushroom (fruiting body; <i>Coriolus versicolor</i> ), Oyster Mushroom (fruiting body; <i>Pleurotus ostreatus</i> ), <i>Cordyceps sinensis</i> (mycelium), Maitake Mushroom (fruiting body; <i>Grifola frondosa</i> )	217 mg	**
Olive Leaf Extract (leaf; <i>Olea europaea</i> ) (75% oleonic acid)	60 mg	**

**Other Ingredients:** Microcrystalline cellulose, tapioca starch, croscarmellose sodium, stearic acid, dicalcium phosphate, hydroxypropyl methylcellulose, vegetable magnesium stearate, silica, glycine.

**Directions:** Take one tablet daily or as directed by your healthcare practitioner.

**Caution:** If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

## References:

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\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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